

NDIS Funding Submission Template – Malnutrition

Disclaimer

This template has been developed by Nestlé Health Science for informational and educational purposes only. It is intended as a general guide to support Healthcare Professionals (HCPs), Support Coordinators, and NDIS planners in preparing funding submissions and is not intended to constitute clinical, legal, or funding advice.

Nestlé Health Science does not make any representation or guarantee that the use of this template will result in funding approval under the National Disability Insurance Scheme (NDIS). All funding decisions are made solely by the National Disability Insurance Agency (NDIA) in accordance with the *National Disability Insurance Scheme Act 2013* (Cth) and associated rules, guidelines, and policies.

The author of the submission (including the HCP and/or funding planner) is **solely responsible** for:

- Ensuring that all information contained within the submission is accurate, complete, and appropriate to the individual participant
- Independently reviewing and complying with all current NDIS legislation, rules, operational guidelines, and evidence requirements
- Applying their own professional judgment, clinical expertise, and knowledge of the participant's circumstances including but not limited to their medical history and a clear rationale for nutritional support and intervention that can be adequately substantiated.
- Determining that any supports requested are reasonable and necessary, directly related to the participant's disability, and compliant with NDIS funding criteria

This template should not replace a comprehensive review of relevant NDIS resources or professional responsibility. Users must ensure they are referencing the most current NDIS guidance, as policies and requirements may change over time.

Nestlé Health Science accepts no liability for any decisions made, outcomes obtained, or submissions developed using this template.

How to Use This Template

1. Copy into organisational letterhead.
 2. Ensure all claims align with **NDIA “reasonable and necessary” criteria**
→ [NDIS Reasonable & Necessary Overview](#)
 3. Attach clinical evidence per NDIA evidence requirements
→ [NDIS Evidence Guidance](#)
 4. Explicitly state participant disability (required for eligibility and causation)
→ [Examples of Disability Evidence](#)
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1) Cover Page

Subject: Funding Submission – [Participant Name], NDIS #[Number]

Lodgement Type: ☐ New ☐ Reassessment ☐ Change in circumstances ☐ Review

Primary Contact: [Name | Phone | Email]

Date: [dd/mm/yyyy]

Summary of Request

- **Support/item sought:** Oral Nutritional Supplements (ONS) – Nestlé Health Science (Core Consumables)
→ [NDIS Reasonable & Necessary Overview](#)
 - **Purpose:** Dietary support/management of malnutrition directly because of a NDIS-listed disability; improved function and participation
 - **Product required +/- Cost +/- Duration of support required:** [Insert]
 - **Alignment to participant goals (mandatory requirement)**
→ [NDIS Reasonable & Necessary Overview](#)
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2) Participant Details

- Name / DOB / NDIS #: [Insert]
- **Primary Disability & Permanence:**
(Must meet NDIA evidence standards)
→ [NDIS Evidence Guidance](#)

Common disabilities where participants are at higher risk of malnutrition are (but not limited to):

- Cerebral palsy
- Parkinson's disease
- Multiple sclerosis
- Chronic Obstructive Pulmonary Disease
- Moderate–severe intellectual disability
- Neurological impairment

Rationale:

NDIA requires that all supports are directly **linked to impairment-related functional impact**, not general health needs. [NDIS Reasonable & Necessary Overview](#)

- Living situation/supports: [Insert]

3) Participant Goals

- **NDIS-listed Goal 1:** [Insert] → Nutrition support contributes to achieving this goal
- **NDIS-listed Goal 2:** [Insert] → Enables participation in daily activities

→ Requirement: Supports must help participants pursue goals as listed in NDIS plan

→ Requirement: Describe how nutrition support contributes to achieving the listed goals
→ [NDIS Reasonable & Necessary Overview](#)

4) Functional Impact (NDIS Domains)

(Provide measurable functional limitations beyond diagnosis)

→ Requirement: NDIA requires **functional impairment evidence**, not just diagnosis

→ [NDIS Evidence Guidance](#)

- Self-care: Reduced intake, fatigue, prolonged meals
- Mobility: Reduced strength/endurance
- Self-management: Cannot meet nutritional needs independently. Activities including:
[please insert]

→ Requirement: Provide explanation and give examples of how the participant's disability prevents them from independently meeting their nutritional needs.

5) Clinical Evidence Summary

(Attach supporting reports ≤12 months)

- Dietitian assessment (MUST / PG-SGA demonstrating malnutrition)
- Speech Pathology (if dysphagia present)
- Weight loss, BMI, intake deficits documented
- Relevant biochemistry to demonstrate malnutrition? Iron, Alb, B12 etc.

→ Evidence must:

- Confirm disability
 - Describe functional impact
 - Be recent and clinically relevant
- [NDIS Evidence Guidance](#)
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6) Request Details & Specification

A) Request

- Products: Nestlé Health Science nutrition products (e.g. oral nutritional supplements)
- Category: **Core – Consumables**
- Quantity: [Units/day × 30 × months]

→ NDIA classifies consumables as funded supports where disability-related need is demonstrated

→ [NDIS Reasonable & Necessary Overview](#)

B) Rationale

- Required due to disability-related inability to meet nutritional needs
- Improves functional capacity and participation

C) Risks if not funded

- Malnutrition and ongoing nutritional deterioration
- Dysphagia-related complications, including aspiration and respiratory illness
- Increased risk of hospitalisation
- Accelerated functional decline and reduced independence
- Increased morbidity and mortality risk if left unmanaged

→ Requirement: Clearly describe how malnutrition impacts the management of the listed disability, including specific risks such as dysphagia, choking, respiratory complications, and mortality if not appropriately managed.

→ [Practice Alerts, your handy research summaries - CentroQMS](#)

7) Reasonable & Necessary (s34) – Mandatory Legal Test

Each criterion must be addressed as per the Reasonable and Necessary Supports Test under section 34 of the National Disability Insurance Scheme Act 2013 (Cth), summarised as:

1. **Related to disability**
 - Must directly address impairment-related needs
2. **Supports goals**
 - Enables progress toward plan goals
3. **Facilitates participation**
 - Supports social and economic engagement
4. **Value for money**
 - Prevents higher downstream costs (e.g., hospitalisation)
5. **Effective and beneficial**
 - Based on current clinical practice (dietitian-led intervention)
6. **Not funded elsewhere**
 - Must not be more appropriately funded by health system
7. **Reasonable informal supports**
 - Provision cannot reasonably be met by carers alone

→ [NDIS Reasonable & Necessary Overview](#)

CRITICAL CLINICAL LINK REQUIREMENT (HIGH PRIORITY FOR APPROVAL)

The submission must explicitly state:

The participant's disability (e.g., Cerebral palsy, Parkinson's disease, Multiple sclerosis, COPD, intellectual disability) results in:

- Reduced oral intake
- Increased metabolic demand
- Fatigue or feeding difficulty
 - Leading directly to **malnutrition risk**

→ NDIA requires a clear **causal pathway from disability → functional impact → support need**

[NDIS Reasonable & Necessary Overview](#)

8) Outcomes & Review

Expected Outcomes (SMART)

- Weight stabilisation/gain
- Increased energy/function
- Reduced hospitalisations

→ Supports must be **effective and measurable on the listed disability**

→ [NDIS Reasonable & Necessary Overview](#)

Review timeframe: 3–6 months

9) Implementation Plan

- Delivered by: Dietitian / Support Worker
- Training: As required
- Setting: Home / community

→ Providers must deliver safe, evidence-based supports

→ [NDIS Commission Quality Practice](#)

10) Attachments Checklist

- Dietitian report (≤6–12 months)
- Weight/BMI/nutrition assessment
- Speech Pathology (if applicable)
- Cost calculation (ONS usage)
- Pathology
- ONS usage

→ Evidence must be recent, specific, and functional

→ [NDIS Evidence Guidance](#)

11) Submission & Consent

Submitted by: [Name]

Contact: [Phone/Email]

Consent: Participant/guardian consents to submission



Reference Pack

- [NDIS Reasonable & Necessary Overview](#)
- National Disability Insurance Scheme Act 2013 (Cth)
 - <https://www.legislation.gov.au/C2013A00020/latest/text>
- [NDIS Evidence Guidance](#)
- [Examples of Disability Evidence](#)
- [NDIS Commission – Dysphagia Practice Guidance](#)
- [NDIS Commission Quality & Practice Standards](#)

Nestle Health Science Products - Oral & Enteral Nutrition Solutions

Product	Link to Product Details
RESOURCE® 2.0	RESOURCE® 2.0 NConnect
RESOURCE® 2.0+ Fibre - Coffee, Vanilla, Neutral	RESOURCE® 2.0+ Fibre - Coffee, Vanilla, Neutral NConnect
RESOURCE® 2.0+ Fibre – Strawberry	RESOURCE® 2.0+ Fibre - Strawberry NConnect
RESOURCE® Crema 2.0	RESOURCE® Crema 2.0 NConnect
RESOURCE® Fruit Flavoured Beverage - Orange, Peach	RESOURCE® Fruit Flavoured Beverage - Orange, Peach NConnect
RESOURCE® Fruit Flavoured Beverage – Wildberry	RESOURCE® Fruit Flavoured Beverage - Wildberry NConnect
RESOURCE® Plus - Chocolate	RESOURCE® Plus - Chocolate NConnect
RESOURCE® Plus - Strawberry, Vanilla, Chocolate	RESOURCE® Plus - Strawberry, Vanilla, Chocolate NConnect
RESOURCE® Protein - Chocolate	RESOURCE® Protein - Chocolate NConnect
RESOURCE® Protein - Vanilla	RESOURCE® Protein - Vanilla NConnect
RESOURCE® ULTRA Clear Fruit Beverage	RESOURCE® ULTRA Clear Fruit Beverage NConnect
RESOURCE® ULTRA+	RESOURCE® ULTRA+ NConnect
BENEPROTEIN®	BENEPROTEIN® NConnect
COMPLEAT® Paediatric	COMPLEAT® Paediatric NConnect
IMPACT® Advanced Recovery	IMPACT® Advanced Recovery NConnect
ISOSOURCE® 1.5 CAL	ISOSOURCE® 1.5 CAL NConnect
ISOSOURCE® 2.0	ISOSOURCE® 2.0 NConnect
ISOSOURCE® Soy Energy Fibre	ISOSOURCE® Soy Energy Fibre NConnect
NOVASOURCE® GI Forte	NOVASOURCE® GI Forte NConnect
NOVASOURCE® Renal	NOVASOURCE® Renal NConnect
NUTREN® Diabetes	NUTREN® Diabetes NConnect
NUTREN® Diabetes Ready to Drink	NUTREN® Diabetes Ready to Drink NConnect
SUSTAGEN® Everyday - Vanilla	SUSTAGEN® Everyday - Vanilla NConnect
SUSTAGEN® Hospital Formula	SUSTAGEN® Hospital Formula NConnect
SUSTAGEN® Optimum	SUSTAGEN® Optimum NConnect
SUSTAGEN® Ready to Drink - Vanilla, Chocolate	SUSTAGEN® Ready to Drink - Vanilla, Chocolate NConnect

RESOURCE® 2.0, RESOURCE® 2.0 + Fibre, RESOURCE® Crema 2.0, RESOURCE® Plus, RESOURCE® Fruit Flavoured Beverage, RESOURCE® Protein, RESOURCE® ULTRA+, RESOURCE® ULTRA Clear Fruit Flavoured Beverage, Beneprotein®, IMPACT® Advanced Recovery, ISOSOURCE® 1.5 CAL, ISOSOURCE® Soy Energy Fibre, ISOSOURCE® 2.0, NOVASOURCE® GI Forte are food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

COMPLEAT® Paediatric is a food for special medical purposes, specially formulated for the dietary management of patients with or at risk of malnutrition. Must be used under the supervision of a healthcare professional.

NOVASOURCE® Renal is a food for special medical purposes specifically formulated for the dietary management of people with renal disease whose nutritional intake may not be adequate. Must be used under medical supervision.

NUTREN® Diabetes is a food for special medical purposes specifically formulated for the dietary management of people with diabetes who cannot meet their nutritional needs through diet modification alone. Must be used under medical supervision. Suitable for use as a sole source of nutrition.

SUSTAGEN® Everyday and SUSTAGEN® Ready to Drink are formulated supplementary foods which can be of assistance where dietary intakes of nutrients and energy may not be adequate.

SUSTAGEN® OPTIMUM™ is a food for special medical purpose, specially formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under the supervision of a healthcare professional.

SUSTAGEN® Hospital Formula is a formulated meal replacement and cannot be used as a total diet replacement. Consume as part of a varied and balanced diet and healthy lifestyle.

Information for healthcare professional use only



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