



Clinical Nutrition INSIGHTS

BY NESTLÉ HEALTH SCIENCE

Dear Healthcare Professional,

Welcome to Edition #2 of **Clinical Nutrition Insights!**

In this edition, we explore the latest in clinical nutrition: from Optimising Nutrition during GLP-1 therapy to Unlocking the benefits of collagen peptides and two new ESPEN guidelines.

We have had a busy start to the year attending events across the Australia in Canberra, Adelaide, Sydney, and the Gold Coast. Talking to many of you in our community including pediatricians, CNCs, community nurses, aged care HCPs, dietitians, and speech pathologists, detailing the effective use of Resource **Ultra+**, **Arginaid** and **ThickenUp Clear** for your patients with **Resource Crema** emerging as a key standout.

Plus, our new online **Product Catalogue** is now live on **NConnect**.

Register for free to explore it today!

Please feel free to share our newsletter to your colleagues that may be interested in exploring our resources.



METABOLIC HEALTH



Learning module: Optimising Nutrition during GLP-1 RA Therapy for Weight Loss

Dr. Terri-Lynne South, expert metabolic health GP and dietitian, discusses the nutritional risks, considerations and optimal dietary intake for patients on GLP-1 RA therapy (1 hour).

[View Now](#)

HEALTHY AGEING



Unlocking the Clinical Benefits of Collagen Peptides: A Two-Part Webinar Series.

Watch this two-part recorded webinar series, presented by Dr. Tim Crowe, as he explores the latest research and practical applications of Collagen Peptides in clinical practice. Designed for healthcare professionals, this series will provide valuable insights into the clinical benefits of collagen peptides and how they can be utilised to enhance patient care.

[View Now](#)

RENAL DISEASE

Satellite Symposium:

Breaking Barriers to Oral Nutritional Interventions in Older Adults with Malnutrition

The 20th European Geriatric Medicine Society Congress



New and updated ESPEN Guidelines: Acute and Chronic Kidney Disease

ESPEN have recently published a new guideline for evidence-based clinical nutrition management:
- ESPEN practical guideline on clinical nutrition in hospitalized patients with acute or chronic kidney disease 2024.

[Read more](#)

MALNUTRITION

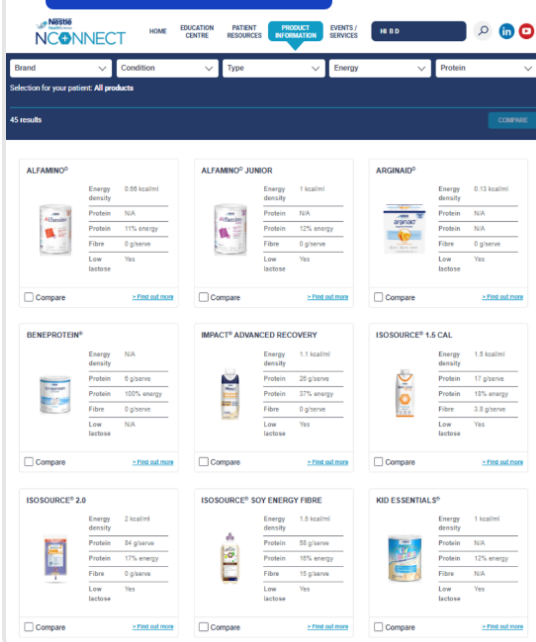


New and updated ESPEN Guidelines: Nutrition Hydration and Dementia

ESPEN have recently published new recommendations for evidence-based clinical nutrition management:
- ESPEN guideline on nutrition and hydration in dementia - Update 2024.

[Read more](#)

PRODUCT CATALOGUE



The New Product Catalogue is Here on NConnect!

We are thrilled to launch the Nestlé Health Science product catalogue on NConnect! It's your go-to resource for all things nutrition, packed with detailed product info and smart filtering options to help you find the perfect fit for your patient's needs - faster and easier than ever.

Dive in now! [Log in to NConnect](#) and start exploring today!

[Explore now](#)

We hope you enjoy our first edition and we look forward to providing you more in the new year. To receive future editions of Clinical Nutrition Insights, [sign-up to NConnect now](#).

Sincerely,

Marisa Nastasi

Medical Affairs, Nestlé Health Science



**ADDITIONAL CLINICAL
RESOURCES NOW
AVAILABLE**

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