

# COMPLEAT® PAEDIATRIC



## DESCRIPTION

Compleat® paediatric is a nutritionally complete 1.2kcal/ml standard enteral tube feed, containing food-derived ingredients (rehydrated chicken meat and vegetables, peach puree, orange juice from concentrate). Compleat® paediatric is a Food for Special Medical Purposes for use under medical supervision.

## PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles, 12 x 500ml per case.

## INDICATIONS

Feeding intolerances; developmental disabilities; disease related malnutrition for children greater than 1 year of age; Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae.

## INGREDIENTS

Water, maltodextrin, rehydrated chicken meat (6.9%), rehydrated vegetables ((4.3%) (peas 3.8%, green beans 0.54%), vegetable oils (rapeseed, sunflower), milk proteins, peach puree (1.4%), orange juice from concentrate (1.2%), fibres (pea fibre, acacia gum, fructooligosaccharides, inulin), emulsifiers (E472c, E471), medium chain triglyceride (MCT) oil, minerals (potassium phosphate, calcium chloride, calcium lactate, calcium phosphate, sodium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fish oil, choline bitartrate, vitamins (C, niacin, E, pantothenic acid, B<sub>6</sub>, riboflavin, thiamin, A, folic acid, K, biotin, D, B<sub>12</sub>), stabiliser (E407), taurine, L-carnitine, antioxidant (E304).

## ADMINISTRATION AND DOSAGE

Shake well before use. In order to maintain a constant flow, the use of a pump is recommended. Suitable as a sole source of nutrition.

Nutritionally complete in:

1–3 years: 700ml\*

4–6 years: 929ml\*

7–10 years: 1000ml\*\*

11–14 years: 1450ml\*\*

15–18 years: 1800ml\*\*

\*excluding Na

\*\*excluding Na, K & Cl

## SHELF LIFE AND STORAGE

Shelf life 12 months from date of manufacture. Store unopened in a cool, dry place

Once spiked used within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours.

## CONTRAINDICATIONS

Unsuitable for those with an allergy to fish or cows' milk protein allergy, and/or galactosaemia.

## PRECAUTIONS

Compleat® paediatric must be used under medical supervision. Suitable for children from 1 year onwards. Do not mix food or medication into the feed.

For 500ml enteral use only.

## NUTRITION INFORMATION

Typical values	Per 100ml	Per 250ml	Per 500ml
<b>General</b>			
Energy kJ/kcal	492/117	1230/292	2460/585
Fat (38% kcal) g	5.0	12	25
of which saturates g	1.6	4.0	8.0
of which MCT g	0.70	1.7	3.5
of which monounsaturates g	1.8	4.5	9.0
of which polyunsaturates g	1.1	2.7	5.5
α-linolenic acid mg	120	300	600
Linoleic acid mg	860	2150	4300
Carbohydrate (48% kcal) g	14	35	70
of which sugars g	1.3	3.2	6.45
of which lactose g	<0.05		
Fibre (2% kcal) g	1.0	2.5	5.0
Protein (12% kcal) g	3.6	9.0	18
Salt g	0.14	0.35	0.70
<b>Vitamins</b>			
A (RE) µg	60	150	300
D µg	1.7	4.2	8.5
E mg	1.4	3.5	7.0
K µg	7.2	18	36
C mg	5.2	13	26
Thiamin (B1) mg	0.10	0.25	0.50
Riboflavin (B2) mg	0.14	0.35	0.70
Niacin mg/mg NE	1.2/1.8	3.0/4.5	6.0/9.0
B6 mg	0.14	0.35	0.70
Folic acid µg	18	45	90
B12 µg	0.24	0.6	1.2
Biotin µg	2.4	6.0	12
Pantothenic acid mg	0.50	1.2	2.5
<b>Minerals</b>			
Sodium mg/mmol	57/2.5	142/6.2	285/12
Potassium mg/mmol	150/3.8	375/9.5	750/19
Chloride mg/mmol	130/3.7	325/9.2	650/18
Calcium mg/mmol	115/2.9	287/7.2	575/14
Phosphorus mg/ Phosphate mmol	73/2.3	182/5.7	365/11
Magnesium mg/mmol	19/0.79	47/2.0	95/3.9
Iron mg	1.4	3.5	7.0
Zinc mg	0.70	1.7	3.5
Copper mg	0.08	0.20	0.40
Manganese mg	0.16	0.40	0.80
Fluoride mg	0.096	0.24	0.48
Selenium µg	4.1	10	20.5
Chromium µg	2.9	7.2	14.5
Molybdenum µg	6.5	16	32.5
Iodine µg	12	30	60
<b>Other Nutrients</b>			
Choline mg	36	90	180
Taurine mg	9.6	24	48
L-Carnitine mg	4.8	12	24

Water content 80 g/100 ml

Osmolarity: 280 mOsm/l

Osmolality: 340 mOsm/kg

MCT = Medium Chain Triglycerides

RE = Retinol Equivalent

NE = Niacin Equivalent

All values specified are average values.



Suitable for children above 1 year of age



Halal



Unsuitable for Cows' Milk Protein Allergy



## INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Compleat® Paediatric is a food for special medical purpose, specially formulated for the dietary management of patients with or at risk of malnutrition. Must be used under the supervision of a healthcare professional. Reg. Trademark of Société des Produits Nestlé S.A. NHSc 175, Oct 2024



# SMARTFLEX® BOTTLE INSTRUCTIONS

If attaching the SmartFlex® bottle directly to the feeding pump:



Unscrew the purple over-cap. Depending on which 'giving set' you normally use, either attach the spike-type giving set to the universal cap to pierce the aluminium foil; or pull away the tag, peel back the aluminium foil and attach the giving set to the universal cap.



Once the SmartFlex® bottle is open, the feed should be used within 24 hours.



Between feeds, the unused portion can be recapped and refrigerated. Discard any unused feed within 24 hours of opening.

If pouring the feed into a container:



Remove the outer purple cap. Pull away the tag and peel back the aluminium foil.



Once the feed is poured out of the SmartFlex™ bottle, keep tightly covered and use within 6 hours.



Pull out the suspension ring on the bottom of the bottle which can be used to attach the feed to a feeding stand.

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