

Nestlé
docello



7.2g*
Protein per scoop
171 kcal*
per scoop



Serving Suggestion

No Melt Ice Cream

with SUSTAGEN® Hospital Formula Neutral Flavour

PURÉED
Level
4



Preparation time:

10 min



Servings:

15 Scoops

Ingredients

- 250g SUSTAGEN® Hospital Formula Neutral Flavour
- 250g NESTLÉ DOCELLO Mousse Mix (any flavour)
- 500mL pre-made thin custard

Instructions

1. Combine **NESTLÉ DOCELLO Mousse Mix** powder with **SUSTAGEN® Hospital Formula Neutral Flavour** powder.
2. Place custard in a separate bowl and add powders.
3. Mix the mixture until a light and fluffy texture is achieved.
4. The combined mixture should hold its shape on a spoon. The mixture should easily fall off the spoon without leaving much residue. The mixture should not be firm or sticky.
5. Add additional custard if needed to achieve desired consistency.
6. Transfer the mixture into a freezer-safe container and freeze for approximately 30 minutes.

Serving

- Once set, remove from freezer and wait for 5-10 minutes. Use an ice cream scoop to serve.

End product should be tested to ensure suitability for a texture modified diet. Testing can be undertaken using IDDSI[†] testing methods (e.g. IDDSI Spoon Tilt Test and IDDSI Fork Pressure Test).

Visit www.iddsi.org or download the free IDDSI App for further information.

Please refer to labels for potential allergens.

*Each scoop is approximately 68g, however this will vary dependent on scoop used. [†]International Dysphagia Diet Standardisation Initiative.

For more information call our customer service team on 1800 671 628 or visit www.sustagen.com.au

Nutritional supplements can only be of assistance where dietary intake is inadequate. Please seek advice on your individual dietary needs from an Accredited Practising Dietitian or your healthcare professional. SUSTAGEN® Hospital Formula is a formulated meal replacement and cannot be used as a total diet replacement. Consume as part of a varied and balanced diet and healthy lifestyle.

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